Year 1 Spellings Autumn 2 2026

Your child will bring home spellings to practise each week. **Spelling tests take place every Friday.**

How to help at home – Fred Fingers

The **first four words** on the list can be sounded out using **Fred Fingers:**

1. **Say** the word together.
2. **Count** the sounds (not letters), e.g. *meet* = m – ee – t (3 sounds).
3. **Hold up** one finger for each sound.
4. **Pinch** each finger while saying the sounds.
5. **Write** the word, then **check** it.

Common Exception Words

The **last word** is a Year 1 Common Exception Word. These words have tricky spellings that don't always follow phonics rules.

Try these fun ways to practise:

- **Spot the tricky part** – Find the letters that don't follow the usual rules.
- **Look, Cover, Write, Check** – Look, remember, cover it over, write and check.
- **Memory tricks** – Make up a rhyme or silly sentence, e.g. *said* – Sally Anne Is Daft.
- **Get creative** – Write in sand, use playdough or paint with water.
- **Roll and Write** – Roll a dice and write the word that many times.
- **Write a sentence** – Use the spelling word in a sentence.
- **Word Hunt** – Spot the words in books or around the house.

⭐ Remember!

Just 5–10 minutes of practice each day makes a big difference. Keep it fun and celebrate your child's efforts!

Children practise spelling daily in their **Read Write Inc. (RWI)** lessons, so they are already very familiar with the routines and expectations.

This sheet is also available on Year 1's class page of the school website:
https://amble-first.eschools.co.uk/web/year_1/723288

To be tested 13.11.26 ay	To be tested 20.11.26 ee	To be tested 27.11.26 igh	To be tested 04.12.26 ow
may play stay away the	see week feel cheek to	high night right light do	blow snow flow grow today
To be tested 11.12.26 oo			
zoo pool moon spoon of			