Is an identifiable part of our personal, social, health and economic (PSHE) education curriculum, which has planned, timetabled lessons across all the **Key Stages** 

Our school is

committed to

relationships

and sex

which:

education

Is taught by staff regularly trained in RSE and PSHE (with expert visitors invited in to enhance and supplement the programme where appropriate)

Works in partnership with parents and carers, informing them about what their children will be learning and about how they can contribute at home

**Delivers lessons where** pupils feel safe and encourages participation by using a variety of teaching approaches with opportunities to develop critical thinking and relationship skills

Is based on reliable sources of information, including about the law and legal rights, and distinguishes between fact and opinion

Promotes safe, equal, caring and enjoyable relationships and discusses real-life issues appropriate to the age and stage of pupils, including friendships, families, consent, relationship abuse, sexual exploitation and safe relationships online

**Includes learning** about how to get help and treatment from sources such as the school nurse and other health and advice services, including reliable information online

Gives pupils opportunities to reflect on values and influences (such as from peers, media, faith and culture) that may shape their attitudes to relationships and sex, and nurtures respect for different views

Fosters gender equality

and LGBT+ (lesbian, gay, bisexual, trans) equality and challenges all forms of discrimination in RSE lessons and in every-day school life

10.

Meets the needs of all pupils with their diverse experiences including those with special educational needs and disabilities

Seeks pupils' views about RSE so that teaching can be made relevant to their real lives and assessed and adapted as their needs change

**Published 2017** 

## Notes

These 12 points explain what is needed for good quality RSE. This is based on research evidence and is supported by a wide range of organisations. The purpose of RSE is to help children and young people to be safe, healthy and happy as they grow up and in their future lives. RSE must always be appropriate to pupils' age and stage of development and is an essential part of safeguarding. The law requires that, from September 2019, relationships and sex education (RSE) is taught in all secondary schools in England, and that relationships education is taught in all primary schools in England. In addition, National Curriculum Science\* (\*which is taught in maintained schools) includes some elements of sex education.

Gives a positive view of

human sexuality, with honest

and medically accurate

information, so that pupils can

learn about their bodies and

sexual and reproductive health

in ways that are appropriate

to their age and maturity

**NSPCC** 



Believe in children **M**Barnardo's



