

# PSHE Curriculum Overview

## Year 2

Term	Theme	Knowledge and understanding (PSHE Association)	What I will know and remember	Vocabulary
1	VIPs	<p>R1. about the roles different people (e.g. acquaintances, friends and relatives) play in our lives</p> <p>R2. to identify the people who love and care for them and what they do to help them feel cared for</p> <p>R3. about different types of families including those that may be different to their own</p> <p>R4. to identify common features of family life</p> <p>R5. that it is important to tell someone (such as their teacher) if something about their family makes them unhappy or worried</p> <p>R6. about how people make friends and what makes a good friendship</p> <p>R7. about how to recognise when they or someone else feels lonely and what to do</p> <p>R8. simple strategies to resolve arguments between friends positively</p> <p>R9. how to ask for help if a friendship is making them feel unhappy</p> <p>R10. that bodies and feelings can be hurt by words and actions; that people can say hurtful things online</p> <p>R11. about how people may feel if they experience hurtful behaviour or bullying</p> <p>R12. that hurtful behaviour (offline and online) including teasing, name-calling, bullying and deliberately excluding others is not acceptable; how to report bullying; the importance of telling a trusted adult</p> <p>R16. about how to respond if physical contact makes them feel uncomfortable or unsafe</p> <p>R21. about what is kind and unkind behaviour, and how this can affect others</p> <p>R24. how to listen to other people and play and work cooperatively</p>	<p>I can talk about the very important people in my life and explain why they are special.</p> <p>I can describe why families are important.</p> <p>I can describe what makes someone a good friend.</p> <p>I can describe ways to help resolve arguments and disagreements without being unkind.</p> <p>I can cooperate with others to achieve a task.</p> <p>I can describe how I can show my special people that I care about them and I understand why this is important.</p> <p><i>Deliver Pol-Ed: How do I share family worries?</i></p> <p><i>Deliver Pol-Ed: Who are my trusted adults?</i></p>	<p>conflict</p> <p>cooperate</p> <p>cooperation</p> <p>trusted adult</p>

		<p>R25. how to talk about and share their opinions on things that matter to them</p> <p>H14. how to recognise what others might be feeling</p> <p>H16. about ways of sharing feelings; a range of words to describe feelings</p> <p>H23. to identify what they are good at, what they like and dislike</p> <p>H33. about the people whose job it is to help keep us safe</p>		
<p><b><u>End of unit assessment</u></b></p>				
<b><u>Working towards</u></b>		<b><u>Working at</u></b>		<b><u>Working above</u></b>
<b>2</b>	<b>Safety First</b>	<p>H8. how to keep safe in the sun and protect skin from sun damage</p> <p>H28. about rules and age restrictions that keep us safe</p> <p>H29. to recognise risk in simple everyday situations and what action to take to minimise harm</p> <p>H30. about how to keep safe at home (including around electrical appliances) and fire safety (e.g. not playing with matches and lighters)</p> <p>H31. that household products (including medicines) can be harmful if not used correctly</p> <p>H32. ways to keep safe in familiar and unfamiliar environments (e.g. beach, shopping centre, park, swimming pool, on the street) and how to cross the road safely</p> <p>H33. about the people whose job it is to help keep us safe</p> <p>H35. about what to do if there is an accident and someone is hurt</p> <p>H36. how to get help in an emergency (how to dial 999 and what to say)</p>	<p>I know how to stay safe and who can help if I feel unsafe.</p> <p>I know how to stay safe at home.</p> <p>I know how to stay safe when I am out and about.</p> <p>I can keep myself safe in different situations with people I don't know.</p> <p>I know what I can share and what I should keep private to keep myself and others safe.</p> <p>I know who to go to if I need help.</p> <p><i>Deliver Pol-Ed - How can I keep safe in new places?</i></p> <p><i>Deliver Pol-Ed - What is 999?</i></p>	<p>choke</p> <p>e-Safety</p> <p>hazard</p> <p>poisonous</p>

		<p>R13. to recognise that some things are private and the importance of respecting privacy; that parts of their body covered by underwear are private</p> <p>R14. that sometimes people may behave differently online, including by pretending to be someone they are not</p> <p>R15. how to respond safely to adults they don't know</p> <p>R16. about how to respond if physical contact makes them feel uncomfortable or unsafe</p> <p>R18. about the importance of not keeping adults' secrets (only happy surprises that others will find out about eventually)</p> <p>R19. basic techniques for resisting pressure to do something they don't want to do and which may make them unsafe</p> <p>R20. what to do if they feel unsafe or worried for themselves or others; who to ask for help and vocabulary to use when asking for help; importance of keeping trying until they are heard</p>		
<p><b><u>End of unit assessment</u></b></p>				
	<b><u>Working towards</u></b>	<b><u>Working at</u></b>		<b><u>Working above</u></b>
<b>3</b>	<b>One World</b>	<p>R2. to identify the people who love and care for them and what they do to help them feel cared for</p> <p>R3. about different types of families including those that may be different to their own</p> <p>R4. to identify common features of family life</p>	<p>I can explore family life in different countries and say how it is the same as mine and how it is different.</p> <p>I can discuss homes and home life from around the world and say how they are</p>	<p>environmental family life</p>

		<p>L1. about what rules are, why they are needed, and why different rules are needed for different situations</p> <p>L2. how people and other living things have different needs; about the responsibilities of caring for them</p> <p>L3. about things they can do to help look after their environment</p>	<p>the same as mine and how they are different.</p> <p>I can explain what it is like to go to school in other countries and say how it is the same as or different from my school.</p> <p>I can explore places where people live which are different from where I live.</p> <p>I can think about how people use things from the earth and what problems this can cause.</p> <p>I can say why it is important to care for the earth and identify how I can help protect it.</p> <p><i>Deliver Pol-Ed - Why does my age matter?</i></p> <p><i>Deliver Pol-Ed - Why have different rules in different places?</i></p>	
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Working towards

End of unit assessment

Working at

Working above

4	<b>Digital Wellbeing</b>	<p>L7. about how the internet and digital devices can be used safely to find things out and to communicate with others</p> <p>L8. about the role of the internet in everyday life</p> <p>L9. that not all information seen online is true</p> <p>H28. about rules and age restrictions that keep us safe</p> <p>H34. basic rules to keep safe online, including what is meant by personal information and what should be kept private; the importance of telling a trusted adult if they come across something that scares them</p> <p>R10. that bodies and feelings can be hurt by words and actions; that people can say hurtful things online</p> <p>R11. about how people may feel if they experience hurtful behaviour or bullying</p> <p>R12. that hurtful behaviour (offline and online) including teasing, name-calling, bullying and deliberately excluding others is not acceptable; how to report bullying; the importance of telling a trusted adult</p> <p>R14. that sometimes people may behave differently online, including by pretending to be someone they are not</p> <p>R15. how to respond safely to adults they don't know</p>	<p>I can talk about ways in which the Internet is useful.</p> <p>I know how to balance screen time with other activities and understand why this is important.</p> <p>I know how to stay safe online.</p> <p>I can explain why we keep personal information private.</p> <p>I know how to communicate online in ways that show kindness and respect.</p> <p>I understand that not everything on the Internet is true.</p> <p><i>Deliver Pol-Ed: How can I keep safe online?</i></p>	<p>device</p> <p>download</p> <p>emoji</p> <p>mental wellbeing</p> <p>network</p> <p>social media</p> <p>video call</p>
<u>Working towards</u>		<u>End of unit assessment</u>	<u>Working at</u>	
			<u>Working above</u>	

5	Growing Up	<p>H20. about change and loss (including death); to identify feelings associated with this; to recognise what helps people to feel better</p> <p>H22. to recognise the ways in which we are all unique</p> <p>H25. to name the main parts of the body including external genitalia (e.g. vulva, vagina, penis, testicles)</p> <p>H26. about growing and changing from young to old and how people's needs change</p> <p>H27. about preparing to move to a new class/year group I can describe how I will change as I get older.</p> <p>R3. about different types of families including those that may be different to their own</p> <p>R4. to identify common features of family life</p> <p>R5. that it is important to tell someone (such as their teacher) if something about their family makes them unhappy or worried</p> <p>R13. to recognise that some things are private and the importance of respecting privacy; that parts of their body covered by underwear are private</p> <p>R16. about how to respond if physical contact makes them feel uncomfortable or unsafe</p> <p>R19. basic techniques for resisting pressure to do something they don't want to do and which may make them unsafe</p> <p>R20. what to do if they feel unsafe or worried for themselves or others; who to ask for help and vocabulary to use when asking for help; importance of keeping trying until they are heard</p> <p>R23. to recognise the ways in which they are the same and different to others</p>	<p>I can name the main parts of boys' and girls' bodies.</p> <p>I understand how to respect my own and other people's bodies.</p> <p>I understand that we are all different and different people like different things.</p> <p>I can talk about my family and others' families'.</p> <p>I can describe things that might change in a person's life and how it might make them feel.</p>	<p>carers</p> <p>female</p> <p>genitals</p> <p>independence</p> <p>male</p> <p>penis</p> <p>private parts</p> <p>responsibility</p> <p>siblings</p> <p>stereotype</p> <p>testicles</p> <p>traditions</p> <p>vagina</p> <p>vulva</p>
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