

☀️ KS1 Behaviour Reflection Sheet ☀️

Name: _____

Date: _____

1. What happened?

(You can write or draw)



2. How were you feeling?

(Circle one or draw your own face)



3. Who was affected by what happened?

(Think: friends, teachers, yourself)

4. What could you have done differently?

5. What can you do now to make things better?

6. My goal for next time:



"Next time, I will try to..."

☒ Tick when done

- ☐ I said sorry (if needed)
- ☐ I made a kind choice
- ☐ I am ready to go back to class